



Foster Family Agency  
"Our Children...  
Our Communities...  
Our Legacy..."

Ready for Life  
Foster Family Agency  
962 Maraglia Street  
Redding, CA 96002  
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Redding CA, 96099-1393

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F (530) 225-8780  
Facility Lic 455 002 824  
www.readyforlife.net

## CPR/FIRST AID CLASS OPTIONS

You will need to complete a First Aid and CPR Class and renew it every 2 years. Some of the ones listed are combined classes, but others are not. If you have never taken a CPR class, we recommend taking one in person. **If you are a resource parent, these hours do not count as training hours as they are required to maintain your approval status.**

### IN PERSON

**A Plus Safety** | 530-222-1210

CPR **\$40**, First Aid **\$40** (each class 3 hours)

Located at 2765 Bechelli Lane Redding, CA 96002. <http://www.aplussafetyllc.com/first-aid>

**The Wright Stuff Safety Training** | 530-524-6448 | [thewrightstuffsafety@gmail.com](mailto:thewrightstuffsafety@gmail.com)

Child Care/Babysitting CPR/1<sup>st</sup> Aid Classes **\$95**

Mobile Service. <https://www.wrightstuffsafetyandcpr.com>

**MedEd Redding** | 530-276-9164 | for information email: [donnaconrad@shasta.com](mailto:donnaconrad@shasta.com)

ASHI First Aid/ CPR/AED Course **\$65**

2100 Redding Rancheria, Redding Ca, But will meet you in any location.

**Trinity County Life Support** | 530-623-2500 |

American Heart Association First Aid CPR AED Adult, Child, Infant **\$70**

610 Washington Street Weaverville CA 96093 <https://tcls.org>

### ONLINE

**Red Cross** | Online

\*Adult, Child and Baby First Aid/CPR/AED **\$35**

<https://www.redcross.org/take-a-class/search?cgid=cpr&zip=redding%2C+ca&latitude=40.5865396&longitude=-122.3916754&zipcode=&searchtype=class>

**National CPR Foundation** | Online

CPR & First-Aid Certification Class (AED) **\$14.95**

<https://www.nationalcprfoundation.com/courses/standard-cpr-aed-first-aid>

**American Health Care Academy** | Online

Online CPR and AED Certification **\$36.95**

<https://cpaedcourse.com/course/cpr-first-aid-certification>

**Foster Care & Adoptive Community Training** | Online

First Aid-CPR Renewal/Refresher-Universal Precautions

**\$24.95; renewals only**

[www.fosterparents.com/training](http://www.fosterparents.com/training)

\* If you can't make an in-person class, we recommend this thorough training for your first time.